

The Montgomery Community presents:  
***Changing the Game: Creating a Player-First Environment in Youth Sports***

A Talk by John O' Sullivan

Author of the Bestselling Book *Changing the Game: The Parent's Guide to Raising Happy, High-Performing Athletes, and Giving Youth Sports Back to Our Kids*



Conventional wisdom holds that youth sports are a positive experience for our children. This is not always true, says John O' Sullivan. Currently, 70% of children drop out of organized athletics by the age of 13. Youth sports has become an ultra-competitive, adult centered enterprise that has taken the "play" out of "Play ball" for far too many kids. In his talk, John will draw upon his research and decades of coaching and playing experience. You will learn:

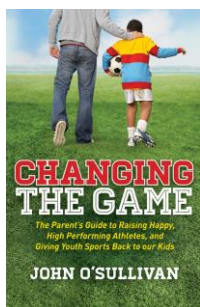
- How to Keep Your Kids in Sports!
- How to Give your Child a Competitive Edge
- To Push and Praise Your Kids to Perform Well
- 3 Ways to Change Your Kids Sports Experience for the Better
- How To Motivate Your Kids to Take Ownership for Sports
- How to Help, and not Hinder, Their Performance Through the Things You Say and Do

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**October 14, 2015 - 7:00PM**  
**Montgomery High School Performing Arts Center**

Community Sponsors: Montgomery Travelers Soccer Club (MTSC), Montgomery/Rocky Hill Municipal Alliance, MES PTA, MMS PTO, MHS PTSA, Montgomery Baseball League (MBL), Montgomery Basketball Association (MBA), Montgomery NFL Flag Football, Montgomery Youth Lacrosse Club (MYLC), Judy Cares, LLC, Montgomery Township Education Foundation (MTEF), Montgomery Youth Football and Cheerleading Association.



Signed copies of John's book will be available for purchase after the talk. You can learn more about John and his work, as well as download a Free Book Chapter, at:

[www.changingthegameproject.com](http://www.changingthegameproject.com)  
[www.facebook.com/sportparentingresourcecenter](http://www.facebook.com/sportparentingresourcecenter)